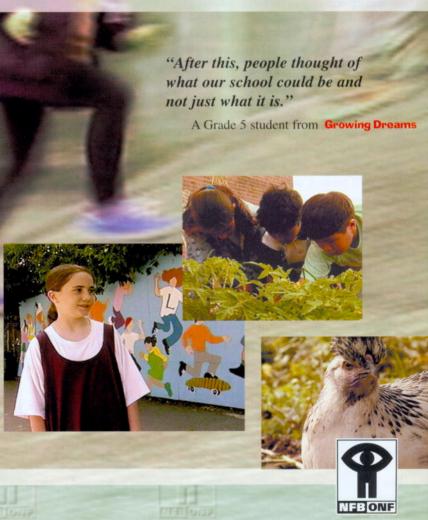


# Growing Dreams



A National Film Board of Canada Production

A Crack in the Pavement

# **Growing Dreams**



Students can spend up to 25% of their school day on barren expanses of asphalt and turf: dangerous, lifeless school grounds that offer no interest or shelter and encourage aggression. Restoring nature to a school ground offers beauty in a safer and less hostile outdoor environment, with the added benefits of shade, improved air quality, softer play surfaces, quieter places to relax, increased wildlife habitat and opportunities for contact with the natural world.

Greening a school ground creates a more colourful, interesting and creative place to play and learn, brings lessons to life, offers endless opportunities for hands-on learning across the entire curriculum and benefits the whole community.

# Some ideas for projects or things to do

Plant trees for shelter, plants for butterflies or bulbs for peace.

Grow a pizza garden, an alphabet garden or a fragrance garden.

Build bird feeders, compost boxes, benches or a weather station.

Grow seedlings in planters, window boxes or indoors under lights.

Hold a contest to name your project or design a fundraising t-shirt.

Find a local artist to help you design and paint a mural.

Paint outlines for games or a map on the pavement.

Grow berries for birds, carrots for muffins or seeds for the future.

Harvest a row of vegetables for the food bank.

Partner with older students or neighbours to build a shed.

Make a scarecrow, stepping stones or signs for the garden.

Design a pond and discuss water safety.

Raise butterflies, hatch chickens or build houses for birds or bats.

Study the seasons, bugs, root systems, the weather or water cycles.

Adopt a tree, stream, bog or field, or clean up a vacant lot.

Keep journals, paint Dumpsters, write songs, study weather.

Design a rooftop garden, a greenhouse or a sun shelter.

Make a video or publish a Web page about your playground project.

For more information and related videos, visit www.nfb.ca/schoolgardens

Directors

Jane Churchill

Gwynne Basen

Producer Michael Fukushima

Cinematographer
Jim Aquila CSC

Ross Redfern

Picture editor Ewa Turska

Sound editor Tony Reed

Graphics and animation Sophia Southam

Original music
Chris Crilly

Research and video guide notes Jane Churchill

Executive producer

David Verrall



19 minutes16 seconds

Order number C9100 024

# Suggested discussion topics and activities

#### Before viewing the video

Draw pictures of some of your favourite outdoor places.

List things that make an outdoor area interesting and special.

**Go** on a multi-sensory scavenger hunt. Find your favourite and least favourite smells, sights, sounds and textures.

Create Web diagrams of things you like and don't like about your playground and why. What things would you most like to change?

### After viewing the video

Create Web diagrams that show the benefits of greening.

Search the school grounds and make a list of the plants, animals and insects that live there. Which ones do you like best? Least? Which species would you like to see more of?

Take a walking tour of the neighbourhood around the school.

Make note of types of buildings, green spaces and vacant lots.

Are the green spaces linked to make corridors for wildlife?

How does the amount and quality of green spaces make you feel?

Use your discoveries as a starting point to write a poem, essay or report or to paint a mural about your "dream" schoolyard.

#### Suggested resources

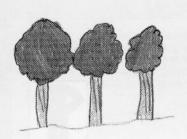
Evergreen www.evergreen.ca
City Farmer www.cityfarmer.org
I Can Garden www.ICanGarden.com
Green Teacher www.greenteacher.com

Canadian Wildlife Federation www.cwf-fcf.org

Canadian Wildlife Federation Wild Education www.wildeducation.org

Tree Canada Foundation www.treecanada.ca

SEEDS - Environmental Green Schools Program www.greenschools.ca/seeds National Gardening Assn. (USA) www.kidsgardening.com Seeds of Change Garden (USA) www.mnh.si.edu/garden



#### To all those who participated

Congratulations to all the students, parents, teachers, staff, friends and neighbours at the many wonderful greening projects at the schools we visited across Canada. Thank you for your generous support and contribution to the **Crack in the Pavement** video project.